

# General packing list for India

<b>Travel documents</b>	Check
At least 6 months valid passport	
Valid Visa for India	
Travel insurance documents with emergency number	
Flight tickets	
Photocopies of all important documents (separately packed) - or in inbox as mail	
Itinerary with names of hotels and phone numbers	
Passport photos	

<b>Luggage</b>	Check
Main luggage dependend on reason of travel: if Trekking then no hard top case, elsewise it won't matter	
Daypack for waterbottles, camera and personal things for daytrips (best if waterproof)	
maybe padlock for mainluggage	

<b>Medicine</b>
<i>Most medicines you get without problems also in India (mostly without a prescription). They are also cheaper and you do not have the trouble of carrying too much with you.</i>
<i>In case you feel saver to bring your own medicine pls check out our separate medicine list.</i>

<b>Money</b>	Check
USD/EURO (rupees are usually not available abroad)	
Money pouch/-belt	
Calulator (alternatively your mobile)	

<b>For a better sleep</b>	Check
Eye mask	
Ear plugs	
Alarm clock (alternatively your mobile)	
Neck pillow	
Inner linen	

<b>Cloths</b>	Check
3 pair light, thin trousers	
4 simple T-Shirts or cotton-blouses/shirts	
1 long skirt (cotton)	
1 long sleeve light top	
1 long sleeve warm top	
1 Jean	
1 thin vest (AC in planes/cars/hotels/malls)	
2 shawls/scarf, to cover your head (sun/religious reasons)	
4 pairs socks/underwear	
1 light, water-/windproof jacket	
Cotton handkerchiefs	

<b>Camping</b>	Check
Sleeping bag (according to season/region)	
Travel pillow	
Forehead flashlight	
Sandals	

<b>Rain &amp; bad weather</b>	Check
Rain jacket	
Small umbrella	

Rain cover for your daypack	
Windjacket	
maybe rain trousers	

<b>Trekking &amp; Hiking</b>	Check
good (ankelcovering) hiking shoes (used ones, not new ones!)	
Trekking sandals	
Hiking sticks	

<b>Travel accessoires</b>	Check
Mobile (Attention: in Ladakh you do not have access to a mobile net with your foreign mobile)	
Charger	
Camera, extra SD-cards and batteries/accus	
Tablet	
Water bottle	
Pocket knife (not in cabin luggage)	
Pen/Paper	
Sun hat	
Sun glasses	
Sun cream	
Anti-repellent	

<b>Winter- or extreme altitude</b>	Check
long underwear/leggings	
Gloves	
Hood	
Warm jacket (fleece/down)	
Warm socks	

<b>Personal articles</b>	Check
Toiletry	
Shaver	
Hair brush/comb	
Deo	
Hand-/Face cream	
Soap/Wash lotion	
maybe Make-up	
Tooth brush/paste	
Tweezers/Nail cutter	
Tampons/Pads	
Wet tissues	
Toilet paper	
Towel	
Small sewing kit	

<b>Swimming</b>	Check
Bathing suit/bikini/trouser	
Bath towel	